



Central Coast Activity Guide for Meeting and Event Planners.



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CROWNE PLAZA TEAM BUILDING ACTIVITIES

BEACH SPORTS

Organised through the hotel's fitness centre, your group can participate in a range of beach activities from circuit training through to beach cricket and volleyball. Simply speak to your Crowne Meetings Planner to organise a fantastic break out session or activity on scenic Terrigal Beach.

Unsupervised \$200 per net/ball (20 people)
Supervised \$250 per net/ball (20 people)
Located on Terrigal Beach, weather permitting



STRETCH YOGA

Yoga is the perfect activity to revitalise your staff as it increases body awareness, relieves stress, reduces muscle tension, strain and inflammation, sharpens attention and concentration and calms and centres the nervous system. A one hour yoga session with the hotel's fitness instructor will ensure your staff will make the most of your conference or meeting.

\$130 for a minimum of 8 people, \$10 for every additional person (Maximum 30)

MIXOLOGY MASTERCLASS

Discover the art of shaking, stirring, muddling and straining to create the perfect cocktail with a cocktail masterclass in the Lord Ashley Lounge. Guests will master three cocktail recipes whilst learning about the history and new trends of cocktail making from our talented mixologist.

\$75 per person including 3 cocktails, mixing instructions and canapes at the end of the session

Minimum 10 people, maximum 70



TEAMS CHALLENGE AUSTRALIA is a team building, leadership and wellbeing company based on the NSW Central Coast with team challenges for all goals, ages and fitness levels.

Our programs are nature based focusing on teamwork, trust, communication, resilience and decision making under pressure.

Testimonials:

Matt Steinwede - No 1 Agent in Australia, Principal McGrath Central Coast

"I would recommend you to anyone looking to improve personally or take their team to a whole new level and ultimately improve the performance of the entire business."

Martyn Kennedy - Owner Kennedy & Barnden Accountants

"Luke took our team of accountants and really pushed us to the limits, setting tasks that pushed the team both mentally and physically. We were able to tailor a program to fit the time we had available and to focus on the qualities we wanted to develop in our team"



Contact Information:
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T: 0421 730 175
W: www.teamschallengeaustralia.com

BE CHALLENGED transforms individuals into great collaborators and more effective team players, helping businesses grow while developing their people.

Be Challenged's key product partnerships ensure we remain the industry leaders in delivering the latest in experiential team building programs and training workshops. Our team will consult with you to design, develop and deliver a unique team building or team development program tailored towards your group size, specific objectives and outcomes.

By using tried and tested philosophies such as DiSC, 5 Behaviours of a Cohesive Team and The Extraordinary Leader to name a few, we provide tools and takeaways for your people to continue to develop.

Through our globally proven experiential learning techniques along with our highly experienced facilitators, we guarantee to take your team performance, company culture and employee engagement to the next level.

We work hard each day to inspire people to deliver extraordinary results through the potential of team!



Contact Information:
E: Jack@bechallenged.com.au
T: 0421 332 116
W: bechallenged.com.au



Pinnacle Team Events is one of Australia's premier team building providers with over 75 programs available to conferencing groups at Crowne Plaza Terrigal Pacific. Their experiential learning events are professional, entertaining, hands-on and most importantly fun.

Pinnacle has over 30 years' experience in organising events in the Central Coast region to ensure you get the best experience at the most competitive price. Pinnacle's range of options spans from Amazing Race activities to Escape the Room challenges, Beach Olympics to corporate social responsibility events, morning exercise sessions, night activities and more.

Pinnacle caters for all groups, budgets and time frames. Let Pinnacle make the difference at your next corporate event.

Our top picks for Terrigal include:

- Amazing Race of Terrigal
- Beach Olympics
- Survivor
- Terrigal Scramble
- Giving Back Events – Tikes on Bikes / Race to Make a Difference / Helping Hampers / SolarBuddy
- Escape
- Corporate Drumming
- Morning Exercise Sessions
- Casino Night
- Trivia Challenge Night

CONTACT INFORMATION:

E: info@pinnacleteamevents.com.au T: 02 4962 5034 W: www.pinnacleteamevents.com.au



BUILD ONE TEAM CULTURE!

CORPORATE TEAM BUILDING

- Military inspired / Fun challenging Corporate Team Building sessions on Terrigal Beach
- Custom team building program or jump into our regular Original Bootcamp sessions
- Special rates for Crowne Plaza Terrigal Pacific guests



Original Bootcamp is Australia's military-inspired Group Personal Training Outdoor. With over 35 sites in Australia and internationally, sporting a list of celebrity clients as well as many Central Coast locals who enjoy a different challenge everyday on Terrigal.

CONTACT INFORMATION:

E: salty@terrighfitness.com
T: 0411 257 216 W: www.terrighfitness.com



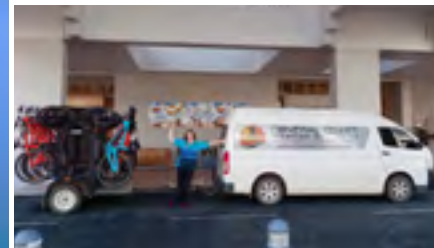
Central Coast Surf Academy is the leading surf school on the Central Coast with the most elite coaches of professional surfers.

Corporate groups will team build through an exciting challenging water sport. No experience is necessary and all equipment is provided.

Each lesson is tailored to the group and individual needs and skill levels.

CONTACT INFORMATION:

E: centralcoastsurfacademy@gmail.com
T: 0426 277 742 W: www.centralcoastsurfacademy.com



Immerse your team in nature with Central Coast Mountain Bike Tours. Discover stunning locations throughout the Central Coast on mountain bikes in a fun and energizing experience while feeling safe and supported, riding on high quality mountain bikes under the guidance of experienced tour guides.

We've got all the important checks, experience and permits as well as the safety equipment combined with well maintained, high quality mountain bikes.

Experiences can be tailored for small groups (10 or less) or scaled up to as many as 30 riders and we can run a number of tours per day to accommodate larger numbers. Picking you up at Crowne Plaza Terrigal Pacific, the duration can be as short as 3 hours door-to-door or can be extended to a full day adventure, all with inclusions matched to your budget.

Suitable for all fitness and skill levels, this team building activity will leave your team feeling connected with a strong sense of achievement along with lasting memories of the stunning Central Coast bushland.



CONTACT INFORMATION:

E: ccmtbtours@gmail.com T: 0410 523 612 W: www.ccmtbtours.com.au



Meditation and mindfulness events to inspire your meetings and conferences



- STRESS MANAGEMENT PROGRAMS
- RETREATS
- MEDITATION AND MINDFULNESS WORKSHOPS
- DE-STRESS BOOT CAMP

MindLight's practical meditation and mindfulness programs are designed for busy people to help reduce the effects of stress on their bodies and minds.

Benefits include:

- Increased productivity and performance at work
- Greater focus and improved decision making
- A sense of thriving rather than surviving
- An improvement in physical, mental and emotional wellbeing
- Inner peace and calm
- Better sleep
- Enhanced creativity
- More energy and joy in life

These techniques are backed by scientific evidence.

MindLight programs are suited to all industries and levels of ability and are not associated with any particular religious, cultural or ethnic background.

MindLight can work with you to develop a program that suits your business and your budget. Katherine Pinczuk, the founder of MindLight, is an internationally qualified meditation teacher. She is an executive member of the International Institute for Complementary Therapists and the International Meditation Teacher's Association. Katherine is also an experienced author with a Master of Arts in Creative Writing from the University of Technology Sydney. She is uniquely qualified to deliver tailor-made programs that adapt to your needs in a flexible way.

MindLight....IS A DIVISION OF WORDS & WELLBEING



CONTACT INFORMATION:

E: Katherine@wordsandwellbeing.com T: 0418 207 220 W: www.wordsandwellbeing.com



TERRIGAL AND THE SKILLON GUIDED WALK

Take a guided one hour walk around our beautiful area with one of the hotel's fitness instructors. Guests will love this break from the boardroom as you explore the scenic Terrigal Haven, take in 360 degree views from the top of the Skillion and walk along the foreshore of the picturesque Terrigal Beach.

\$10 per person
Minimum 6, maximum 30



Contact Information:
Contact your Crowne Meetings Business Development
Executive or Meetings Planner. T: (02) 4384 9286

Take your team to new heights



Break out of the boardroom and immerse your team in nature. TreeTops Central Coast provides a tailored corporate experience, offering day or night opportunities for an amazing and unforgettable team building adventure.

For a rewarding and challenging time bring your team to this unique eco-friendly attraction in the tree tops.

- Perfect team building activity
- 2 to 3 hours of fun
- Over 100 challenges + 20 flying foxes
- No special ability or fitness required
- Catering and event space options available
- Take your pick from 4 exciting experiences

TreeTops Central Coast
Ourimbah State Forest, 1 Red Hill Rd, Wyong Creek
sales@treetops.com.au

TreeTops.com.au



A Central Coast experience not to be missed!

It's not often you have the opportunity to give your team a memory that will last a lifetime. **Terrigal Ocean Tours** can help you give your team a unique adventure experience with a one hour cruise along the stunning coastline of the Central Coast on a high performance ecotour RIB.

After easily boarding the boat just a 5 minute walk from Crowne Plaza Terrigal Pacific, your team will watch for whales, dolphins and Grey Nurse sharks. They will also learn about the unique coastal environment from a qualified marine biologist, get some fresh ocean air and enjoy a few thrills with a high speed blast back to The Haven.

With just 10 seats on-board, this small group experience will bring your team together for just \$40 per person. For larger groups (more than 20), a discounted rate of \$30 per person is offered with a schedule of tours run throughout the day to ensure your whole team gets to experience this memorable and energizing session at your next conference.

CONTACT INFORMATION:
E: bookings@terrigoaltours.com.au T: 0449 999 868 W: terrigoaltours.com.au



LOOKING FOR SOMETHING WILD FOR YOUR NEXT EVENT?

The Australian Reptile Park offers an experience like no other. Meet native and exotic animals up close and treat your delegates to a hands-on experience that's guaranteed to have them talking for months to come.

TEAM BUILDING

Connect your team to the wonder of nature with a hands-on experience giving insight into some of Australia's most fascinating creatures. Packages include entry to the Park, lunch, animal interaction and team building activities.

FIERCE AND FUN EXTRAS

Simply enjoy all that the Park has to offer or take your event to the next level with an exciting extra such as a private animal encounter, an exclusive reptile show with Ranger Mick*, or going all out with a private feeding with Elvis the Crocodile.

BEHIND THE SCENES TOUR

Treat those extra special guests to an all-access, behind the scenes tour, guided by one of our knowledgeable keepers.

EVENTS

From casual barbeques to buffets to sit down dinners, we have spaces available to suit any event, including staff lunches, corporate Christmas parties, conference stopovers and any other special celebration that you're planning.

Group entry rates available. Packages are tailored to suit your event needs.

*subject to availability



CONTACT INFORMATION:
E: admin@reptilepark.com.au T: 02 4340 1022 W: www.reptilepark.com.au



CORPORATE & PRIVATE EVENTS

A unique experience



NSW'S ONLY PEARL FARM - CENTRAL COAST'S BEST KEPT SECRET

Pearl farm tours & cruise (Brisbane Waters & Hawkesbury).
Bespoke events including fashion parade, high tea, team building activities.
Live pearl harvest and pearl grading masterclass.
Experiences available on-site or off-site. We bring the pearl farm to you.



PEARLS
OF
AUSTRALIA

WWW.PEARLSOFAUSTRALIA.COM.AU



CENTRAL COAST scenic sips

Visit a winery, brewery and a distillery within six minutes of each other.



Central Coast Scenic Sips is a unique artisan beverage trail ideal for those wanting a taste of the region's finest produce. The trail is made up of a craft brewery, a winery and a boutique distillery, with coffee and fine food also available en route. Perfect for an afternoon, the trail winds through picturesque Holgate and Erina Heights and is conveniently located 10 minutes from the Crowne Plaza Terrigal Pacific.

Firescreek Winery produce hand-crafted fruit, flower and botanical wines that are bound to tantalise your taste buds. Come and explore the winery's stunning 2.5-acre organic gardens and try the diverse range of wines.

Six String Brewing is proud to be the Coast's first homegrown craft brewery. Open for tastings and takeaways there are 12 taps of unique brews in the tasting room and inside the taproom you'll find Donnie's Eatery. Offering a menu influenced by American, Mexican and Aussie pub favourites with all meals carefully paired to match the Six String core and seasonal beer range.

Distillery Botanica is a boutique distillery, set among three acres of tranquil gardens. Pop in and enjoy a stroll through the gardens and taste the international award-winning spirits and liqueurs, many of which are made naturally from plants grown in the fragrant garden.

Within the gardens Bar Botanica offers freshly-roasted coffee, garden-to-plate food and the award-winning Mr Goaty Gelato.

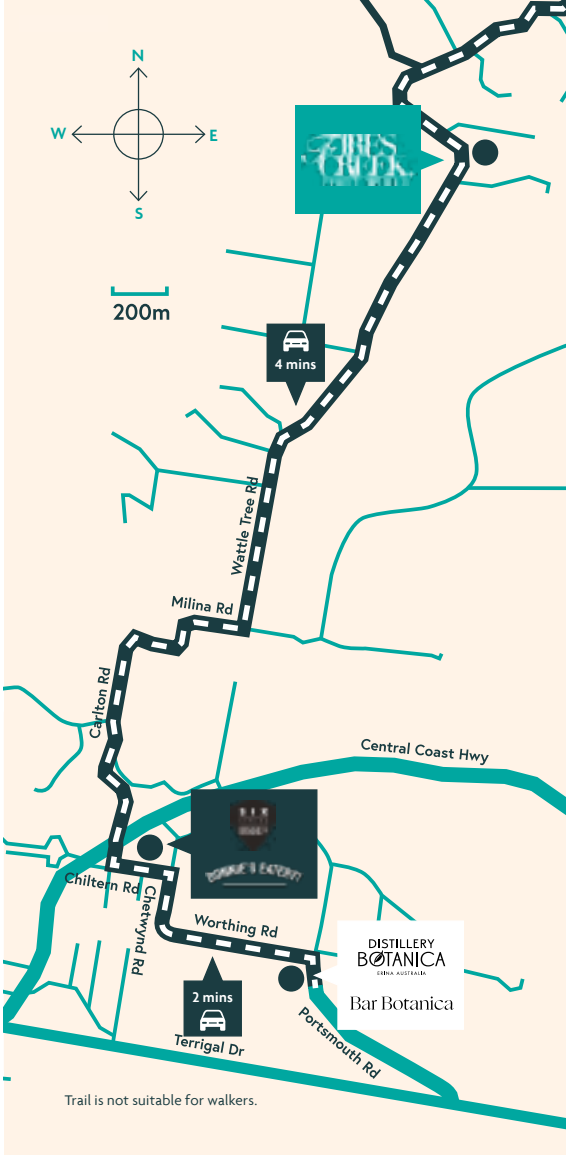
At all Scenic Sips locations group tours, spouse programs and on-site meeting spaces can be arranged and tailored to suit individual groups.

Along with the amazing beaches, national parks, and waterways perfect for boating and fishing, Central Coast Scenic Sips is just one more reason to visit the "coast with the most."

Six Strings Brewing Co @sixstringbrewingco @donnieeats
W: sixstringbrewing.com.au | donnieeats.com
T: 02 4365 4536

Firescreek Winery
W: firescreek.com.au **T:** 02 4365 0768

Distillery Botanica @distillerybotanica @barbotanica_erina
W: distillerybotanica.com | barbotanica.com.au
T: 02 4365 3968



LORD ASHLEY LOUNGE

EXPERIENCE LORD ASHLEY LOUNGE - OPEN UNTIL LATE

With one of the best locations on the Central Coast complete with stunning ocean views and a gorgeous fireplace, nothing could be finer than drinks with your team in Lord Ashley Lounge.

Open from 11am until late, Lord Ashley Lounge features an extensive range of wine, beers and cocktails. Book a section of Lord Ashley Lounge for exclusive use for your event or just join in the fun before or after your dinner event with a beverage package.

LORD ASHLEY'S HIGH TEA IS AVAILABLE DAILY FROM 12PM TO 4PM

First Floor, Crowne Plaza Terrigal Pacific Pine Tree Lane, Terrigal



Contact Information:
Contact your Crowne Meetings Business Development Executive or Meetings Planner. T: (02) 4384 9286



seasalt

ENJOY DELICIOUS MEALS MADE WITH FRESH, LOCAL PRODUCE AND BREATHTAKING VIEWS AT SEASALT RESTAURANT.

For a dining experience with a difference, you can't go past Seasalt Restaurant with fresh seasonal menus with a coastal influence.

With expansive floor to ceiling glass windows overlooking Terrigal Beach and The Haven, Seasalt makes a stunning venue for a small group dinner or to host an exclusive event with up to 100 guests.

Award-winning chef Dana Chantler has created menus to suit all groups or we can work to tailor a menu specific to your needs.

OPEN 7 DAYS FOR BREAKFAST AND DINNER | OPEN SATURDAY AND SUNDAY FOR LUNCH

First Floor, Crowne Plaza Terrigal Pacific, Pine Tree Lane, Terrigal



Contact Information:
Contact your Crowne Meetings Business Development Executive or Meetings Planner. T: (02) 4384 9286



Looking for a way to make your next group event or night out more special? At **Florida Beach Bar** we have you covered. We'll make it easy for you to plan a dining event with a difference by providing your group with an exclusive area and a set menu full of delicious share style entrees, pizza and other tasty treats.

Offering the largest open-air dining area in Terrigal, this outdoor venue is unrivalled on the Central Coast. Enjoy the vibrant ambience, spectacular ocean views and pub-style food, all without having to leave the comfort of the hotel.



Contact Information:

Contact your Crown Meetings Business Development Executive or Meetings Planner. T: (02) 4384 9286



Thaiger Temple is all about bringing people together. Catering for smaller or larger groups up to 150 people, Thaiger Temple offers modern Thai cuisine with all the traditional dishes right in the heart of Terrigal. This family owned business with over 25 years' experience can design a banquet menu to suit your needs and cater for dietary requirements such as gluten-free, dairy, vegetarian and vegan.

CONTACT INFORMATION:

E: info@thaigertemple.com
T: 02 43856 199 W: www.thaigertemple.com



FOOD, COCKTAILS AND DANCING

Welcome to Rhonda's - An Italian restaurant and bar serving Terrigal's only woodfired pizzas & homemade pastas 7 days a week with our cocktail rooftop open on weekends or for functions on request.

Whether its a casual catchup alongside a mezzo board & cocktails, a quick takeaway order or full scale corporate catering for up to 197 guests, let Rhonda's take care of your night, so you don't have to.

On top of amazing food and drink, on weekends Rhonda's hosts late evenings with great live music, DJs and maybe a little dance and a laugh amongst friends old and new. Twice awarded as a top 8 regional bar in Australia and located directly opposite the Crown Plaza Terrigal Pacific, pop on over to experience our friendly hospitality. We look forward to seeing you soon!

LOCATED DIRECTLY OPPOSITE FLORIDA BEACH BAR NEXT TO WESTPAC

3 - 5 Kurrawyba Ave • T: 02 43853100 • W: www.rhondas.bar



reef

restaurant

Corporate Functions + Weddings
À La Carte Dining

Open for lunch & dinner Tuesday - Sunday
The Haven, Terrigal, NSW 2260 (02) 4385 3222

www.reefrestaurant.com.au



The perfect venue for that casual dining experience
and any special occasion or function.

Open 7 days for Breakfast & Lunch
(02) 4384 5083 The Haven Terrigal NSW 2260 www.covecafe.com.au

Crowne Plaza – Terrigal Pacific
T 2 4384 9111 F 2 4384 5798
Terrigalpacific.crowneplaza.com
Pine Tree Lane, Terrigal NSW 2260, Australia